

# TRAIL BLAZER

NEWSLETTER OF THE ROANOKE APPALACHIAN TRAIL CLUB

Spring 2010

The Roanoke Appalachian Trail Club is a recreational hiking association of volunteers who preserve and improve the Appalachian Trail as the nation's premier, continuous, long-distance footpath.

## CALENDAR OF CLUB ACTIVITIES

**Cornboil**  
**Saturday August 7**

### WORK HIKES

Sunday, April 25 - 8:00 AM  
Bluff City Relocation

Saturday/Sunday, May 29/30 - 8:00 AM  
Mountain Lake, Stony Creek

Saturday/Sunday, July 3 & 4 - 8:00 AM  
Bluff City Relo. – Konnarock Crew

### Hike Scheduling

Contact Mike Vaughn  
992-1350 – [mikeva999@yahoo.com](mailto:mikeva999@yahoo.com)

### BOARD MEETINGS

(All members are always welcome.  
Please let the host know you plan to attend.)

Monday, May 3, 7:30 p.m.  
Hosted by *Dick Clark*

Monday, June 7, 7:30 p.m.  
Hosted by *Charles Parry*

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Not all hikes were cancelled due to snow, although many were changed to Plan-B. Folks like Larry Austin and Rushdat Hale like to tromp around in it.

All the photos (except of Carl) by *Carl Cornett*

## Mac McDaniel

Liz Belcher remembers his smile and willing personality. He was a formidable presence. He was still working with the Mid-week crew in December and died in early February. There will be a memorial service later in the spring.

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Mac was born in Federalsburg, MD on the Eastern Shore, 1935. He started working for the C&P Telephone Company early in his career, was transferred here from New York in the early 70's and it was at that time when I met him, when he joined the trail club. He was very active, and led many hikes. He was a favorite leader, because although he was a powerful hiker, he was patient and considerate with those not so strong.

He must have had other club positions, but I remember that I was on the board when he was president in 1978, which was an important year in trail history. We used to meet in the new C&P corporate building on Brambleton Ave., which has since been sold. I believe that was the year that the club started taking on land management responsibilities as the land acquisition process for the valley corridor began, and Mac talked me into setting up the land management program. Liz Belcher was a huge help in writing up the club plan for the Park Service. That was the year that hikers morphed into bureaucrats. Then Mac was transferred to Lynchburg in 1981. He worked there until he retired in 1987 at the age of 53, and came back to live in Roanoke. He had been Public Relations District Manager for the telephone company..

For the next several years Mac worked extensively as a volunteer for the Forest Service checking out FS hiking trails, mapping them and writing descriptions for the official trail brochures. He must have known all the trails on the Jefferson. He was the first wilderness ranger for the Mount Rogers wilderness areas, based in a FS cabin on Pine Mt. and later he spent many summers as the volunteer caretaker in the Mt Rogers National Recreational Area monitoring the trails and wildlife, and conducting educational programs.

Here is a little story. Mac and Andy Lane were good hiking buddies. Nancy, Mac's future wife was a club member years before Mac joined the club. She maintained the notorious section of trail around Brush Mt. with Beth Lawler (33 ridges Nancy recalls). One day Mac and Andy volunteered to come out to help the ladies move a tree that had fallen across the trail. The men got into an argument about how to tie a knot in the rope they had brought, the ladies got tired of waiting for them to work it out and moved the tree themselves. Nancy shakes her head "never again", she says. But she married him anyway. Mac has three daughters and five grandsons by a former marriage.

Here is another story. About 15 years ago Mac was hiking back from McAfee's knob - alone - when he slipped and broke his ankle. Making a crutch out of a tree branch he

hobbled down as far as the fire road, where by great good fortune the trail monitor, who lived in the Vail house in those days, happened along in his car. He took him out to the gate, and Mac drove himself to the hospital, where they set the bone and put him in a cast. In an amazingly short time he was out on the trails again. Like they say, "they don't make 'em like that anymore!"

Mac's outdoor activities took him far and wide.

Way to the north, Mac worked for the Canadian government on the Bruce Trail, and far to the south, he worked for the Dutch government on Saba Island (Leeward Islands).

He hiked the AT twice. He tells of one occasion, somewhere in Maine, having not encountered a single person for days, he came upon a campsite by a lake. Here he stripped off for a cool dip - but the lake was only 3 feet deep - out of the blue, literally, a sea plane popped down and taxied up to him, and horror of horrors, he was greeted by a cheerful lady pilot!

More recently he hiked the Colorado Trail with David Jones and other friends. A highlight of that trip was his encounter with a mountain lion.

In his early years Mac hiked extensively out west, including the Canadian Rockies, later it was Europe, where he climbed mountains and walked trails in Switzerland, Germany, Italy and France - and later England, Scotland and Wales, loving that awful dark warm beer they have over there. Several years ago he joined up with a group of "Brits" to hike in New Zealand. He made good friends with "Billy", a cheery Irishman, who invited him to come to Ireland to explore some of Ireland's favorite trails. This Mac did, including a visit to Donnegal, the home of his ancestors.

Closer to home, Mac and Nancy spent four winters as volunteers on Cumberland Island. For many years they had a winter home in Lorida, Florida. Here Mac put in many volunteer hours working on the Florida Trail, and he helped with other projects too, such as laying out trails and building bridges. For the past half dozen years he has been a sturdy member of the club's own mid week crew.

Special memories I have of Mac are: lazy days hiking and camping on Cumberland Island, great trips around the Mt. Pleasant area, canoe trips in the swamps, and especially a week in the Otter Creek Wilderness Area in West Virginia in the rain with a raging creek and no bridges and one of the loudest crashing thunder storms I have ever encountered.

That's what I remember about Mac. He was a good guy...

***Bill Gordge***

## Don Nulph

We lost Don Nulph in late February.

Charles Parry introduced Don to the nominating committee when Don became president. Charles figured that anyone who worked that hard on the Trail would do a good job.

“One of the major things I remember Don doing was when we filed with the Virginia State Corporation Commission about the impacts on the AT of the 765kV power line location. Don was very insistent on including as one of our arguments preservation of the Appalachian Trail Experience. We eventually did include in our written submission a concern for the impact on the Trail Experience, something which was then and is still now difficult to really describe. He was an advocate for and coined the phrase ‘the Trail

Experience’. That definition of ‘the Trail Experience’ is now a part of Appalachian Trail Conference policy, following an April 19, 1997 vote of the Board of Managers.”  
– Hal Cantrill

“I will remember Don for his mammoth job to organize our trail hike information. He made DeLorme-book maps for each of our routine hikes, organized the information and forms. Prior to aerial photos and Google maps, Don was out there mapping for the trail.” – Liz Belcher

Don continued that work with his computer. He made the data base, with DeLorme-computer maps, car-mile data and hike length and difficulty that we are using today. Don left his footprints on the Appalachian Trail and they will be with us for a long time.

## Welcome New Members

The Roanoke Appalachian Trail Club welcomes the following new members:

Armand Barnhart  
Bryan Kloster  
Darrell Crick  
Davey Arthur  
Murray & Donna

Cook  
Steve Roberts  
Susan Sperduto  
Christopher Vail  
Steve Burt

Donna & Talmer Deacon  
Will, Jim & Karen Fabrie  
Graham Adams  
Dale & Sandy Grubbs

And we thank you Ed and Roslyn Stockham for donating in memory of Don Nulph, Nancy Fisher in memory of Vernon Lorish and Georgia Gallaher, Jennifer Juul, Siegfried & Ursula Kolmstetter, Jonathan McGlumphy, Maurice Turner, and Jim Wade. RATC gave to the ATC in the memories of Mac McDaniel and Don Nulph

We look forward to meeting you soon: hiking on the trail, at work, social event, or a board meeting.

***Bob Blankenbaker***

## Trail Supervisor's Report

This report will be more about the trail supervisor than the trail. As most of you know, I have had a lot of health problems since mid January. During that time I have been in three hospitals (one twice) and one rehab center. I have now been home a week (3/2/10 ed.) and told Gloria when I first got home that my goal was to stay home for two weeks and not go back to the hospital. Unless something unexpected happens, I should achieve this goal. My heart rate seems to be under control, but I still have the Wegener's disease and have some issues with my left hip. It seems to be getting better and we have some home rehab coming in. I go to the kidney doctor tomorrow and to the heart doctor next week.

I want to thank all the AT folks for their nice cards; these came from RATC, NBATC, TATC and the Blacksburg office of ATC. They were all much appreciated.

I do want to continue as Trail Supervisor for another year. This might seem strange, coming from a person who needs a walker to move around the house. There are two reasons for this request, first I love the job and second I hope in a few (?) months that I will be able to contribute something. On the other hand, I need to recognize reality. It will be several months before I am able to set foot on the trail again and I may never have the strength that I had before my illness. Accordingly, I have asked David Jones to be Assistant Trail Supervisor and he has accepted. David certainly will need your help, as will I when I return. I want this to be a permanent position, as leading every work hike can be a burden. Fortunately, David lives only about 5 miles from me, so it will give him easy access to club tools. I want to thank David for taking on this responsibility.

***Charles Parry***

## Hikemaster's Report

Many of club hikes are on trails in federal wilderness areas. There are 24 wilderness areas in Virginia, most in the western part of the state. Wilderness areas near us include Mountain Lake, The Priest, Three Ridges, Peters Mountain, and James River Face. But what is a wilderness area? Probably the best definition can be found in the in the Wilderness Act of 1964 itself:

“A wilderness, in contrast with those areas where man and his own works dominate the landscape, is recognized as an area where the earth and its community of life are untrammelled by man, where man himself is a visitor who does not remain. An area of wilderness is further defined to mean an area of undeveloped Federal land retaining its primeval character and influence, without permanent improvements or human habitation, which is protected and managed so as to preserve its natural conditions and which generally appears to have been affected primarily by the forces of nature, with the imprint of man's work substantially unnoticeable and has outstanding opportunities for solitude or a primitive and unconfined type of recreation.”

When the Wilderness Act was passed in 1964, 54 areas (9.1 million acres) in 13 states were designated as wilderness. This law established these areas as part of the National Wilderness Preservation System. Since 1964, the NWPS has grown almost every year and now includes 756 areas (109 million acres) in 44 states. Wilderness areas can be found in both national forests and national parks. The Appalachian Trail goes through 25 wilderness areas, including all of those

mentioned above.

To obtain wilderness maps, trail maps and recommendations on trails or trips, you will need to contact the managing agency of the wilderness directly. Another good resource is wilderness.net. This site has descriptions and free topographical maps of all of the wilderness areas. The National Geographic web site also has topo maps available for sale for many of the parks that include wilderness areas.

As someone who loves hiking and the outdoors, I find it comforting to think there are large areas of the country in which there is little sign of human impact and where people are just passing through. I am always particularly excited starting out on a trail into a wilderness area, whether for a day hike or backpack trip. Hiking in a wilderness area can be more challenging but also has greater rewards, particularly when looking out from a peak or viewpoint and seeing ridgeline after ridgeline of unbroken forest.

At our March banquet several hike leaders received hats and club T-shirts for leading multiple hikes over the past year. Hats for leading 4 - 6 hikes went to Zetta Campbell, John Merkwon, John Miller, Dick Moran, Dave Sutton, Maurice Turner, and Mike Vaughn. T-shirts for leading 7 - 8 hikes went to Kenny Garrett, Jean Warren, Sue Scanlin, and Kris Peckman. Thanks to all of the hike leaders for helping the club over the past year! Contact me if you are interested in becoming a hike leader.

*Mike Vaughn*

## Biennial Conference

The next Appalachian Trail Conservancy (ATC) Biennial Conference, called Virginia Journeys 2011, will be held on July 1 - 8, 2011 at Emory and Henry College, near Abingdon, Virginia. The conference will be hosted by several ATC clubs in Virginia, including the RATC. Our club is responsible for planning and scheduling all of the non-hike excursions for the conference. These include activities such as whitewater rafting, horseback riding, and biking. We are looking for volunteers to serve on the excursion planning committee. If you are interested, please contact the committee chairman, John Miller, at 375-3250.

These activities include:

- Kayak/Canoe trips on the New River
- Bike riding on the Virginia Creeper and New River trails
- Barter Theater shows and tours
- Pottery Painting
- Whitewater rafting on the Nolichucky River
- Wine tasting and tours

- Gray Fossil site tour
- Bristol Speedway tours
- Bristol Caverns tours
- Museum of the Middle Appalachians tour
- A visit to Mabry Mill
- A visit to the Lincoln Theatre
- Horseback riding
- Paddle boating and canoeing on the lake at Hungry Mother

Our club is also being called upon to provide leaders and co-leaders for these activities as well as volunteers to man the Excursions Desk in the registration area and meet Excursion leaders at the departure area. If you are interested in helping out in any of these areas or have questions, please contact John Miller at:

Phone: 375-3250

e-mail: John.Miller591@comcast.net

mail: 340 Pennsylvania Ave, Salem, VA 24153

*John Miller*

## Hikers are from Venus, Maintainers are from Mars

*Dedicated to the spirit of Roy Dudley, an early Katahdin guide who knew the ways of Pamola*

By Diana Christopulos ("DC Turtle," 2008)

Once upon a time on a long winter night, Pamola, spirit protector of Katahdin, sent for Beaver. "I am tired of Hiker and Maintainer always attacking each other," said the thunder god, stretching his gigantic wings and flexing his eagle talons. "I don't like either of them very much." Although Pamola had a man's torso, his stately head was that of a bull moose, and he turned it to look off to the south. "Send for them! Maybe I will finish them off."

So Beaver went to the low country and found Hiker, who was enjoying a long zero day, sitting on his sofa and eating a Snickers bar after a nutritious meal of Ramen noodles and Slim Jims. "Hey!" Hiker shouted at Beaver, "You're blocking the view of my widescreen HDTV!" Beaver simply grabbed the scruff of Hiker's collar with his large teeth and hauled him away.

They found Maintainer at home, planning a relocation. He would reroute several miles of the Appalachian Trail, moving it away from an old forest road and taking it instead over the top of a boulder field. "That will give them something to remember!" thought Maintainer. But his plans were left untended when Beaver snatched him up, dangling him in the air beside Hiker, and soared off to the Maine woods.

Throughout the flight, Hiker complained about the cold winds, the shape of Beaver's teeth on his neck and the clouds that ruined the views. Maintainer silently worried whether Beaver's jaws were strong enough to carry them safely. If he were Pamola, he would have sent a Forest Service helicopter.

Finally, they reached Pamola's lair in Alomkik, deep inside the mountain. It was cold, with only a small fire. Hiker thought he could make it bigger and warmer. There was a huge pile of bones in one dim corner, perhaps the remains of previous visitors.

The mighty one inclined his head toward them, holding his antlers aloft. "So," Pamola snarled, "you are the scrawny humans who have painted my rocks, crawled up my mountains, and made so much noise. I am sick of your whining and arguing. What have you to say for yourselves?"

Maintainer noticed the flexing eagle talons and wondered how many pounds of pressure they were generating. Hiker gulped audibly, but recovered quickly.

"Great Pamola," he said, soothingly, "I am your partner in protecting these mountains from casual hikers. I walk fast and carry a light pack, and I don't throw my trash in the hills. Or, not very often."

"I too defend the mountains," declared Maintainer. "My work protects the mountain from erosion and keeps Hiker waste from polluting the streams. I pick up their trash. And I make things hard enough to discourage casual travel in many places, especially here in Maine."

"Don't I know that's true," agreed Hiker. "You have routed the trail over boulder fields, rocks, roots and bogs. I can't even look up in Maine! And what about the White Mountains? Nothing but rock-hopping, and slip-sliding. And then there are all the wannabes who put in nasty little sections, pretending they are Maine and New Hampshire. What are you thinking?"

"Enough!" thundered Pamola, standing up to his full height, which Maintainer estimated at 17 feet. "I have made my judgment! Unless the two of you want to stay here forever, you must obey my commands. You, Hiker, stop complaining! If you do not help build and keep the trail you cannot criticize."

"That's right," added Beaver. "Don't nix it. Fix it."

Cowering in his Crocs, Hiker said nothing.

"And," continued Pamola, "think about what you have done besides tearing up my mountains with your boots and poles. Did you join the ATC? Have you done any volunteer work? Do you ever thank Maintainer?"

Seeing Maintainer smile, Pamola turned his baleful eye in that direction. "And you, Maintainer. Do you ever think of Hiker? Here are your rules. Starting this year and then every three years, you must recruit a local hiker who has never walked your section. The two of you must prepare full backpacks weighing 25 to 30 pounds. You must wait for a rainy, foggy day, and hike your section with your inexperienced friend in the lead. Where does the hiker get lost? Fall down? Begin babbling nonsense?"

"After five miles," intoned Beaver, "are there still smiles?"

"Have you heard me?" Pamola roared, extending his wings and closing in on the visitors, towering over them until they quivered with fear.

Hiker and Maintainer nodded weakly.

"Then be gone! If I ever hear of this argument again, I will make you both live inside the mountain forever."

*Diana Christopulos*

## The Other Side Of The Coin

For a different point of view, here is an email rant from Teresa Martinez. This is a response to a thru-hiker who wanted us to reroute the Trail coming down from Dragon's Tooth. I have saved it for years because of my love for The Tooth, but not been able to print it without something like Diana's nice piece to soften it.

...ed.

Ok Folks,

First, let me just respond to the idea that one hiker having one bad day can set off a series of responses that seems to make a mountain out of a molehill, is just plain silly. Dragon's Tooth is one of the most challenging sections of trail in Virginia, and it should be left that way. Too often we cater the trail to making it a walk for those who want paved trails in the woods or something just short of that. I am sorry this fellow had a bad day on Dragon's Tooth, but I say if it is so bad, then why do so many day users use the area and LOVE it, and come back time and again, with backpacks no less? Because they love the challenge! Remember, the Trail is not there to only serve thru-hikers but a whole range of users and visitors. These users are searching for this challenge and danger. I mean what do you propose we do when they get to McAfee Knob and they have the chance to walk out the edge to look over a 100-foot drop? Should we put up handrails because someone is afraid of heights or might jump? Or what about climbing Three Ridges where in 3 miles they go from the Tye River to the top of the mountain? Should we offer a side trail that eliminates the elevation gain and difficulty? No, I would think not. That's what defines the Trail and makes it so amazing. It is time that we stop thinking beyond the simplicity that the trail is not a walk in the park; it is challenging and difficult for many different reasons. It may be the psychological challenge, the physical challenge or the emotional challenge, or all three. Otherwise it simply becomes a bland, dull experience, and why would we spend so much time protecting it?

Now to respond to the specific comments:

1. A side trail is out of the question because we don't own enough of the land and even if we did, the terrain will not allow it, and even if it did the effort is totally too costly and timely. Furthermore, there is a blue blaze route... the road, if people are that nervous, they should stay on pavement! The club also would never support a side trail, nor would I.

Dragon's tooth is a premier destination and it is difficult. Deal with it.

2. Is it unsafe, could people die? The trail design in this section is to maximize resource protection, it is challenging and difficult, but not unsafe. Could people die, sure, but people die from all sorts of things. We can't control that. Could people die from our trail location, sure, but they could also die as they hike along Sinking Creek Ridge where the trail is along exposed rock faces, or along Catawba Mountain, or anywhere in Maine or Wilburn Ridge or Lovers leap. Should we coddle the hikers who fear this? NO. The trail experience is too valuable to diminish it just because someone is set outside of their comfort level. I thought that was what personal growth was all about. I was just out there with the Club and USFS (Tom Speaks, Al McPherson and DR staff); we all agreed this section is special, unique and worth saving!

3. What do people say about the Knife Edge? I mean comparatively, here, they have a few steps/hand holds out of rebar along this section of trail. The Knife Edge probably has more crazier trail dangers and people love it. I think you can chalk this up to the first "real" physical challenge after Georgia that thru-hikers encounter and therefore they are more sensitive to it. I mean do they suggest we relocate the entire Trail in PA because it goes through rock quarries, and we all know how people complain about PA.

4. As far as the comment about the trail being unreasonable for shorter hikers... Get over it. If I have to respond one more time to someone "crying" over the challenge along their hike, then I say get out of the woods and question why you are there in the first place! If we are supposed to design trails to meet everybody's needs... I quit... it's impossible, unrealistic and frankly deteriorates the whole purpose for designing for a Trail Experience!

5. I would agree we could add a line about the challenge of this section in the guide books, that's a great suggestion, but while we are there we might also want to add a disclaimer that says if you hike the AT we don't guarantee you will have a good time or enjoy yourself.

***Teresa Martinez***

## Hike Reports

**Sunday, November 8, 2009 11:00AM**  
**Grassy Hill Nature Preserve**

Sue Scanlin (leader), Mary Gilbert with Sonny, Steve Tomaziefski

We left at 11 AM from Play It Again Sports on 220 South to meet up with others at the kiosk in Rocky Mount.

They didn't show up and we started our hike at 11:35 AM. It was a perfect hiking day with temps in the low 70's, even if the fall colors were gone already.

We took the East Loop Trail counterclockwise. Mary and Sonny took the same direction on the West Loop Trail whereas Steve and Sue followed the West Loop Trail clockwise. En route we met about a dozen other people,

but sighted no spectacular plants or animals except for some birds.

Steve and Sue were back at our carpool start shortly after 2 PM, Mary and Sonny some time earlier. This will have been Mary's last hike for a while as she's going to undergo surgery on 11/13 after which she has been advised to take it very easy.

**Sunday November 15, 2009 8:00AM  
Mill Creek Trail to Angel's Rest via AT**

Dan (leader) & Kathy Phlegar, along with Sage (Dog), Rushdat Hale (assistant), H.R. Blankenship, Bobby Blankenbaker, Bob & Kris Peckman, Jenny Holman, J. Alan Simpson along with Jessie (Dog), Karen Callahan

Most of the hikers met at Salem, but we met three at the Pearisburg Hardees. It was a beautiful fall day and perfect for hiking. After leaving two cars at the AT near Pearisburg, we crammed everyone along with two dogs into two cars for the ride to the Narrows trailhead on Mill Creek. The first part of the hike went along Mill Creek, which was flowing very full due to recent rains. Near the falls on Mill Creek was a very interesting area due to the many rock structures created and built by hikers. The next surprise was the amount of water flow on a side stream coming into Mill Creek and it required a skillful stream crossing with some people getting wet feet. After a short hike to view one of the many waterfalls cascading through the Mill Creek gorge we continued the hike to the top of Pearis Mountain where we ate lunch. The visibility from the top of Pearis Mountain was great and you could see for miles. After lunch we proceeded to hike north on the AT stopping at several overlooks and again the views were great due to the visibility. Once we reached the cars we elected to pile this time into two smaller cars along with the dogs for the trip back to Narrows. It was a great group of hikers and most everyone wants to go back to the Mill Creek area.

**Sunday, January 3, 2010 8:30AM  
Cove Mountain/Cove Creek Basin**

Larry Austin & Lois Smith (leaders), Kris Peckman, Carl Cornett, Rushdat Hale, Jen Schaeffer, H. R. Blankenship, Maurice Turner, and Sarah Cuthbertson

It was a tough decision whether or not to cancel this hike due to bitter cold (15 degrees) and high winds. A lot of people needed to get out of the house after the holidays and having to stay indoors due to bad weather. It was decided to do the hike but to alter it to avoid as much of the wind as possible. Therefore, we left off the Cove Mountain Trail piece as it faces the west and north. We started the hike at the Panther Ford Bridge where the AT crosses Jennings Creek and headed south to the intersection with the Glenwood Horse Trail. We followed the horse trail north for about 3 miles and then did a bushwhack down to the headwaters of Cove Creek and

followed the somewhat of a trail along Cove Creek to the beautiful falls near its end. We then headed across the footbridge over Jennings Creek and across the road trying to follow the old route of the AT to Middle Creek Picnic area. We crossed Middle Creek Road and followed the old AT up to the current route and then turned back south about 1/4 mile to where we had parked. We did approximately six miles this day. We found a great spot along Cove Creek for lunch where it was sunny against a hillside and where the snow had melted sufficiently to reveal the ground. We had hardly any wind with this hike as we were able to stay east of the mountaintops. We saw a number of animal footprints along the way. Although cold, it was a beautiful day and all appeared to enjoy just getting out. The temperature finally reached 25 degrees on the way home.

**Sunday, January 10, 2010 8:00AM  
Sinking Creek to Lee Hollow, 113 Mile Hike #8  
Daleville to Fulhardt Knob**

Linda King (leader), Chase Davidson (assistant), Kris & Bob Peckman, Carl Cornett & Gary Bible

Linda went to Plan B. The snow on Sinking Creek Mountain would have been drifted on the ridge and we would also have been in the wind. But we didn't want to stay back in the cabins! This was a perfect hike for the day.



We Yak Trakkers were in our glory – ed.

**Sunday, January 17, 2010 1:00PM  
Troutville (Rt 11) to Fullhardt Knob**

David Sutton (leader) Carl Cornett, Matt Sutton, Carter Aylor.

Fulhardt Knob Shelter Sunday 1-17-10 was moved to 1-18-10 due to weather conditions. Monday was a much

better day to hike so we went ahead on short notice. The snow around the parking area on Hwy 11 has just about all melted. There was a little snow on this segment of the AT yet it is melting fast. A few deer ran in front of us as we descended the pasture land. We stopped at the shelter and took a break and ate some snacks. Carl pointed to the work performed on the cistern which looked pretty good. A solar light remains in place at this shelter. We took the old AT straight down the hill and it connected us to Mountain Pass Road eventually. A great hike, but we did have to walk on the paved street for about 2 miles to make it a loop.



A rare photo of Carl, not holding the camera or a snake

**Sunday, January 24, 2010 8:00AM  
Broad Run Mountain – Lick Branch Loop**

Dave Wickersham (leader), Carl Cornett (assistant), Maya Bohler, Bob & Kris Peckman, John Merkwan and Dave Socky.

The hike starts at the Lick Branch Trailhead on the New Castle side of Broad Run Mountain. The trailhead is reached by driving to the Ferrier trailhead and continuing one more mile to where the road ends at a gate just before a ford.

The loop is best hiked in a counterclockwise direction. The first half of the hike follows an unblazed hunter trail to the top of Broad Run Mountain. It starts by crossing Lick Branch and proceeds upstream for a very short

distance on the yellow-blazed Lick Branch Trail where it turns right off the Lick Branch Trail onto a primitive road. It immediately takes a quick left on an obvious path and from there follows a faint trail up a finger ridge to the top of Broad Run Mountain.

At the top the route turns left and follows the ridgeline to the intersection with the Lick Branch trail. A left turn onto the Lick Branch trail leads back down the mountain, down Lick Branch and back to the trailhead.

There was a 100% chance of rain in the forecast but we had a respectable turnout anyway. We had a great crew that kept up a good pace and stayed together throughout the hike. There was a barely noticeable drizzle all day with water dripping off the trees. A few times the rain increased a little but it didn't really cut loose till we were back onto paved roads on the way home. All in all it was a great hike and the rain didn't dampen our enjoyment in the slightest.

To my knowledge this is the first time this route has been done as a club hike. Everyone seemed to enjoy it a lot. I think it would be well worth including on the hike schedule again from time to time.

**Sunday, ~~January 31~~ February 7, 2010 8:00AM  
Cascades/Barney's Wall**



On January 31 we were snowed in and had to cancel, so

we did it the following week when Mike's hike was not possible in the snow.

Bob & Kris Peckman (leaders), Mike & Sheila Vaughn, Fred Meyer, Maya Bohler, Lisa Troshinsky, and Carl Cornett (sweep)

We met Lisa Troshinsky from Maryland in the parking lot and included her even in the group picture. The trail along Little Stony Creek to the Cascades was well packed down and easy to walk. The ice and snow on the stream were spectacular. Bob and Carl went crazy with the cameras all day. It was so truly beautiful that the others didn't seem to mind. The falls had been completely frozen earlier in the season, but today the water was running freely, though there was ice everywhere including spectacular icicles hanging from seepages in the rocks and near the spray from the moving water. We had lunch on one of the fancy overlooks and then headed for the upper falls. Lisa had wet feet and bailed down the upper trail and the Vaughns bailed to make another event. The trail towards Barney's Wall was far less traveled. With all the snow we weren't going to Barney's wall; we just took the right fork to the upper falls. Now we were walking in virgin snow.



The deep snow was difficult, especially on our knees

The trail brought us to the top of the falls, which are much smaller than THE Cascades. Bob and Carl made some half-hearted attempts to go down to good locations for photography but our hearts weren't in it with all the great shots we already had. So we back-tracked to the main falls and took the lower trail back to the cars. On the way back the sunlight had come around to shine on the water

better so some of the sights were even more spectacular. We met many young folks just starting out at 3:00 in sneakers. When we got to the cars, Fred headed back to WV and the remainder headed for the Mountainview Restaurant. What a civilized way to end a spectacular day.

**Sunday, February 14, 2010 9:00AM**  
**Andy Layne Trail to Daleville, 113 Mile Hike #3**  
**Daleville to Hay Rock**

John Merkwon (Leader), Carl Cornett and Kris Peckman.

The scheduled hike was to be 11 miles from the Andy Layne Trail to Daleville but the parking area at the Andy Layne Trail was inaccessible so we had to create a hasty Plan B, which was to return to the Daleville Park and Ride and go out to Hay Rock and back. A path had been made through the snow by previous hikers all the way to the top ending at the first overlook to Carvins Cove. After that we were on our own, treading where no hiker had trodden before (since the last snow) to get to Hay Rock. It did take some high-stepping through the snow but there was no ice and with a sunny day and spectacular views it all seemed very worth while. This eight-mile hike did take nearly six hours but the soles of our boots were nice and clean at the end.



Guess the tracks – see Carl Cornett for your prize

**Sunday, February 28, 2010 9:00AM  
Patterson/Price Mtn Trails**

John Merkwan (leader), Fred Walters (assistant) with K-9 Cujo, Carl Cornett, H.R. Blankenship and Kris and Bob Peckman.

I had reconnoitered this hike the week before with Carl so we knew the parking areas would be accessible and the snow would be manageable. In fact, we encountered very little snow on the first half of the hike but we did experience some significant drifts on the top of Price Mountain during the second half that made this a memorable event. The wind also picked up for the last third of the hike along the Price Mountain ridge line making it feel a bit colder as we scaled the larger drifts. The Forest Service had put some markers along the Patterson and Tucker trails so it appears that maintenance and signage will occur this year. We did not go for the Sulphur Ridge option but still ended with about six hours of enjoyable hiking with multiple and at times continuous scenic vistas of the valleys below.

**Sunday, February 28, 2010 12:00PM  
Chestnut Ridge/ Mill Mountain**

The few but hardy - Chuck Walz and Sue Scanlin (co-leaders), Sandra Cothran, Georgia Gallaher, Marianne Demkó, M. L. Earles, and Laurie Spangler

The hike began at the parking area for the Chestnut Ridge Trail and is about 5.4 miles with some hills. We started with a hardy group of seven. The temperature was about 40 degrees the whole hike with a breeze on the back side. We never saw the sun, hiking through mud, ice, snow, and even some dry trail. No signs of spring. Over all the trail was in good condition and so was the group. At one spot we did have to crawl under a tree that had come down. We all had a great time. It was a good hike to loosen up those limbs after all this snow and being stuck inside. One member used the hike to study the first mushrooms of the year. We did see some deer tracks. There were some areas with a lot of snow. It was so quiet to just hike along in a winter wonderland.

**Sunday, March 7, 2010 1:00PM  
Bennett Springs Loop**

Jean Warren and Ed Wallace (leaders), Steven Tomaziefski, Diane Christensen, Mary Gilbert (and canine, Son), and Laurie Spangler.

Six of us showed up on this beautiful 58-degree sunny day. Once again, to my delight, no one had ever been on this hike. We all piled into my Toyota Tacoma for the three-mile drive and happy to report there was no problem with the brakes or steering. We started hiking at the Timberview parking area, walked toward the

Cove, up on the "Gauntlet", then the fire road, and returned on the "Trough." This area is one of the best for mountain biking but can also be dangerous due to the steepness. Near the top, a girl on her bike (dog running beside) told us there had been a bike accident and someone was badly hurt. The 911 call was placed on Diane's cell, and we reported the incident. The young man was walking his bike down the trail (someone else was with him) to meet the rescue squad. We sure hope he is okay. Up on the fire road, we walked mostly in snow and met Tina Gibson and her beautiful Huskie canine. We were supposed to meet her at the parking lot but there was a miscommunication on WHICH parking lot. She waited almost an hour on the other side of the mountain, near Bennett Springs. We visited for a while and continued in opposite directions. As usual, it was a wonderful hike, we all stayed together, and had a GREAT time together!

**Sunday, March 14, 2010 8:30AM  
Apple Orchard Mtn to Flat Top/Falling Water  
Cascades**

Larry Austin & Lois Smith (leaders), Kris Peckman, Carl Cornett, Maya Bohler, Paul Jones, Jen Schaeffer, Fred Meyer, Mike Vaughn, Fred Walters, H. R. Blankenship and John Merkwan

It was expected that this hike would have to be changed since the Blue Ridge Parkway had been closed since mid-December due to the weather and due to the snow pack still on Apple Orchard Mountain. However, warmer weather during the week and the rainfall made it possible to reopen the Parkway and melt enough snow to proceed with this hike. There were still some areas of deep snow north and west of Apple Orchard Mountain but once we reached the summit it improved greatly and had only a few areas with snow following that. The weather was great for hiking. The route for this hike consisted of the AT to the Cornelius Creek Shelter, the Glenwood Horse Trail and some old logging roads that concluded at the Falling Water Cascades parking lot. We had great views from the summit of Apple Orchard Mountain and Black Rock Overlook. Also, the horse trail provided some great views to the west. On the horse trail, we came across a wildlife pond that provided a chorus from frogs--a sure sign that Spring is near. After reaching Falling Water Cascades parking lot, we hiked down to the Falls which were simply roaring from all the rain and snow melt. It was quite impressive indeed. We had a fairly steep climb back to the Parkway at the Flat Top parking lot. We completed the hike around 2:45 and all seemed to have a good day of hiking and fellowship.

**Sunday, March 14, 2010 1:00PM  
Andy Layne Trail to Tinker Cliffs**

The following members went on the hike  
Mervin & Blanche Brower (leaders),  
Frank Dieter, Kathy & Les Brown, Mary Gilbert,  
Maurice Turner, and Suzanne Osborne

We met at the Daleville commuter parking lot and then drove to the Andy Layne Trail on 779. The weather was sunny when we started out but turned

colder as we went on our hike. The water in the creeks was high, not over the banks but we could see where it had been. The bridges were in good condition and not affected by the high water. Parts of the trail were wet and muddy and on the steep sections very slippery. This caused a couple of people to have a fall. When we reached the top it was very windy and cold so we did not stay long. We stopped at the overlook on Carvin's Cove on the way down to have a rest break and eat a snack.

**Hike Schedule**

Going on a group hike can fulfill a number of worthwhile purposes. These include such things as physical conditioning, social interaction, the enjoyment of nature, and the thrill of reaching a spectacular viewpoint. The Roanoke Appalachian Trail Club consistently tries to provide a wide range of hiking opportunities for people of all ages, interests and abilities. Guests are always welcome to join us.

For the most part, we rate our hikes as follows:

**Easy** – 3 to 5 miles; good trails or old roads; modest elevation changes.

**Moderate** – 5 to 8 miles; steeper trails which may be rough in places.

**Strenuous** – 8 miles and up; long hikes with extensive climbs and possible rough trails or bushwhacking.

Hikes which do not fall neatly into one of these categories may be rated **easy-moderate** or **moderate-strenuous**.

You may drive your own car to the trailhead if you wish. However, carpooling is encouraged to save gasoline and because trailhead parking may be limited. The hike leader is responsible for arranging such carpooling as may be required. While there is no fee to hike with the club, the indicated amount is to defray automobile expenses and should be given to the driver of your carpool.

**You will need to call the leader to find out where the hiking group will be meeting. If you are new to hiking, the leader can also give advice about clothing, footwear, and equipment. If you are unfamiliar with the hike, the leader will be glad to answer your questions and help you evaluate whether or not it is suitable for you.**

**The club is always looking for experienced hikers to help lead club hikes. If you know of someone that you think would be a good hike leader, or wish to nominate yourself, please contact Mike Vaughn at 540-992-1350 or email [mikeva999@yahoo.com](mailto:mikeva999@yahoo.com).**

**Sunday, April 4, 2010 9:00AM  
Hoop Hole, Upper Loop**

7.3 miles, Moderate, \$2.50 carpool fee  
28 miles from Roanoke

The hike is located in Botetourt County between Eagle Rock and Oriskany – some 45 minutes from Roanoke. This hike uses part of the lower loop to get to the upper loop which includes a steep climb to the top of Montgomery Knob in the Jefferson National Forest.

**Kris Peckman .....366-7780**

**Sunday, April 11, 2010 8:30AM  
Bearwallow Gap Loop**

10.5 miles, Strenuous, \$1.00 carpool fee  
12 miles from Roanoke

This hike will begin at the Bearwallow Gap Horse Trail Parking and will follow the Glenwood Horse Trail north to its junction with the Buchanan Trail. We will then follow the Buchanan Trail to its junction with the AT. Heading south on the AT, we will hike to Bearwallow Gap, cross Route 43 and hike the AT to the top of the mountain. We will then detour off trail and head to a rock outcropping with great views

north and west and then bushwhack down the mountain to intersect with the Horse Trail once again. We will then follow the Horse Trail north to where we parked.

**Larry Austin** .....254-2092  
**Lois Smith** .....862-7370

**Sunday, April 11, 2010 11:00AM**  
**Catawba Mountain (Rt 311) to McAfee Knob**

7.4 miles, Moderate, \$0.50 carpool fee  
 6 miles from Roanoke

Located west of Salem in Roanoke County, the hike follows the Appalachian Trail up and back. Extensive cliffs at the top afford unparalleled views of both the Catawba Valley and the city of Roanoke

**Sue Scanlin** .....989-0497

**Sunday, April 18, 2010 8:00AM**  
**Fuller Rocks, Big Rocky Row**

8.8 miles, Strenuous, \$3.00 carpool fee  
 39 miles from Roanoke

This hike will start on the A.T. crossing on Hercules Road. The hike goes through an old slate mine and follows an old roadway that offers very good views. The trail connects with the AT and then we will hike south back toward the James River. The trail crosses Rocky Row and Fullers Rocks, both of which have magnificent views of the James River and the surrounding mountains. The trail will descend back to Hercules Road passing an A.T. shelter along the way.

**Dan Phlegar** .....389-1783  
**Fred Meyer** .....304-744-9219

**Sunday, April 18, 2010 1:00PM**  
**Daleville (Rt 220) to Hay Rock**

8.0 miles, Moderate, \$.00 carpool fee  
 0 miles from Roanoke

Located in Botetourt County, north of Roanoke. Except for a short feeder trail, the route follows the Appalachian Trail to Hay Rock and back again. There are several good overlooks along the way, but the best one is Hay Rock. This overhanging chunk of sandstone provides shelter on one side and great views on the other – for those willing to scramble to the top.

**Merv and Blanche Brower** .....387-9732

**Saturday/Sunday, April 24/25, 2010 8:00AM**  
**Allegheny Trail Overnight Backpack**

16.5 miles, Strenuous, \$6.00 carpool fee  
 62 miles from Roanoke

The hike will start in Monroe County, West Virginia. It begins on WV CR15 at the parking lot for the Hanging Rock Raptor Migration Observatory, and follows the Allegheny Trail south along the crest of Peters Mountain mostly on old logging and forest service roads. We will camp near the halfway point of the hike, on the ridgetop. At 12.5 miles this hike joins the AT, and we will continue south to Dickinson Gap, where we'll follow a blue-blaze trail down to route 635.

**Jim Walke** ..... 540-231-3014

**Sunday, April 25, 2010 8:00AM**  
**Bluff City Relocation Work Hike**

0.5 miles, Moderate, \$6.00 carpool fee  
 60 miles from Roanoke

We will be working on relocating a section of trail near Pearisburg in Bland County.

**Dave Jones** ..... 540-552-3058  
**Maurice Turner** .....334-2128

**Sunday, May 2, 2010 8:00AM**  
**Mill Creek, Pearis Mountain**

7.4 miles, Strenuous, \$6.00 carpool fee  
 66 miles from Roanoke

The hike will go up Mill Creek, then cross the creek and go up to Sentinel Point on Wolf Creek Mountain, which provides an excellent view of the Narrows on New River looking into West Virginia. We will then back track and go up to Pearis Mountain by way of an old logging trail to an overlook looking south into the Wilburn Valley area. The hike will continue back to the Narrows trailhead by way of another old logging road, which provides more views.

**Dan Phlegar** .....389-1783  
**Kris Peckman** .....366-7780

**Sunday, May 2, 2010 1:00PM**  
**Belfast Trail to the Devil's Marbleyard**

3.0 miles, Easy, \$3.00 carpool fee  
 35 miles from Roanoke

Located a few miles beyond Natural Bridge Station, this popular hike starts about an hour's drive from Roanoke. The route follows the Belfast Trail in the Jefferson National Forest and heads steeply uphill for a little over two miles. At this point the Devil's Marbleyard appears just to the left of the trail. This is an eight-acre field of quartzite boulders which affords endless scrambling opportunities (watch out for

snakes, though) and great views. The return is along the same route.

**John Miller** .....375-3250

**Sue Scanlin**.....989-0497

**Sunday, May 9, 2010 8:00AM  
Old Hotel Trail/Cold Mountain/Mt. Pleasant**

12.6 miles, Strenuous, \$5.50 carpool fee  
57 miles from Roanoke

The hike is located in the Mount Pleasant scenic area near route 60 in Amherst County. This double loop hike offers some of the most outstanding views anywhere in the area. The Old Hotel Trail trailhead is at Hog Camp Gap, roughly 8 miles from route 60 on a dirt and gravel road. The trail climbs steadily through woods and an open area, passing an A.T. shelter (during the stagecoach days there was an inn in this area, but nothing remains of it today). The trail intersects the A.T. at Cow Camp Gap. Following the A.T. north, the route climbs Cold Mountain. The summit of Cold Mountain is an open mountain bald and offers extraordinary views in all directions. Back at the trail head we will then go to the summit of Mount Pleasant via the Henry Lanum Trail. There are sweeping views to the east and west from two rock outcrops at the summit. The hike will return to the starting point via the Pompey Trail.

**John Merkwon** .....904-2299

**Carl Cornett** .....342-3950

**Sunday, May 9, 2010 1:00PM  
Jennings Creek (Rt 614) to Bryant Ridge Shelter**

5.9 miles, Moderate , \$2.00 carpool fee  
23 miles from Roanoke

Located in Botetourt County not far from Arcadia and Buchanan. This will be an out and back hike to the Bryant Ridge Shelter on the A.T. This shelter is located on a scenic part of the creek. The shelter has three levels and is well worth seeing.

**Merv and Blanche Brower** .....387-9732

**Sunday, May 16, 2010 8:00AM  
A.T., Ribble Trail to New River  
113 Mile Hikes 11 and 12**

16.1 miles, Strenuous, \$5.50 carpool fee  
57 miles from Roanoke

Located in Giles County, this hike follows scenic Dismal Creek before a starting a steep climb up Sugar

Run Mountain. The hike then follows the ridgeline for several miles, offering views of the Wilburn and New River Valleys. The hike will then continue along the ridge line of Pearis Mountain, passing Doc's Knob shelter along the way. There will be several view points on Pearis Mountain, including Angel's Rest.

**Kenny Garrett** .....293-7967

**Sunday, May 16, 2010 1:00PM  
Andy Layne Trail to Tinker Cliffs**

7.2 miles, Moderate , \$1.00 carpool fee  
9 miles from Roanoke

Located in Botetourt County, the trailhead for this hike is on Route 779 roughly halfway between Catawba and Daleville. In 2001, this trail was dedicated to Andy Layne – a prominent member of RATC who passed away in 1991. The hike crosses meadows and Catawba Creek and then starts the ascent to Scorched Earth Gap where it continues on the AT to Tinker Cliffs. Many spots along the cliffs offer excellent views of McAfee Knob and the Catawba Valley.

**Steve Tomaziefski**.....563-0445

**Dick Moran**.....389-3744

**Sunday, May 23, 2010 8:00AM  
Rock Castle Gorge**

11.0 miles, Strenuous, \$5.50 carpool fee  
57 miles from Roanoke

The hike is located in Patrick County, on Blue Ridge Parkway land. After a steep 2,000-foot ascent, the hike parallels the Parkway – passing alternately through woods and open fields with extraordinary views. On the descent down the other side of the gorge, the hike passes some old cabin sites and a series of interesting rock formations. The last few miles are along Rock Castle Creek – a wild stream with many cataracts.

**Linda King**.....342-2411

**Mike Vaughn** .....992-1350

**Sunday, May 23, 2010 1:00PM  
Mill Mountain Star Trail**

3.4 miles, Easy, \$.00 carpool fee  
0 miles from Roanoke

This hike starts off Riverland Road just below the water tower. Passing mostly through woods, it climbs over 800 feet from just above the Roanoke River to

the top of Mill Mountain, once crossing the J.B. Fishburn Parkway. The return to the Star Trail parking lot follows the same route.

**Dave Sutton .....774-0648**

**Saturday/Sunday, May 29/30, 2010 8:00AM  
Mountain Lake, Stony Creek Work Hike**

3 miles, Moderate, \$5.00 carpool fee  
50 miles from Roanoke

We will be doing clipping, blazing, and blow-down removal in the Mountain Lake area.

**Dave Jones ..... 540-552-3058**

**Hal Cantrill.....387-2347**

**Sunday, May 30, 2010 8:00AM  
A.T., Wind Rock to Sinking Creek (Rt 630)**

13.8 miles, strenuous, \$6.00 carpool fee  
60 miles from Roanoke

The hike is located in Craig and Giles County. It starts near Wind Rock in the 11,172-acre Mountain Lake Wilderness Area. Wind Rock is on Potts Mountain, and has outstanding views. The trail passes War Spur Shelter at 5.0 miles. From Johns Creek Valley, the trail climbs steeply. At 7.0 miles it crosses route 601 at Rocky Gap. At 8.8 miles a blue blazed trail on right leads to White Rock, with great views of the New River Valley. The trail then descends, passing Laurel Creek Shelter at 10.1 miles. At 12.5 miles the trail crosses Route 42 in Sinking Creek Valley.

**Kris Peckman .....366-7780**

**Pat Guzik ..... 540-381-9697**

**Sunday, June 6, 2010 8:00AM  
Lee Hollow (Rt 621) To Trout Creek (Rt 620)  
113 Mile Hike #7**

8.8 miles, Strenuous, \$1.50 carpool fee  
15 miles from Roanoke

This hike will begin with a steady climb up Brush Mountain in Craig County. We will then walk along the ridgeline with a stop at the Audie Murphy Monument. There are great views along the ridge. At the end of the hike we will make the steep descent to scenic Trout Creek.

**John Miller .....375-3250**

**Gary Bible.....977-2954**

**Sunday, June 6, 2010 1:00PM  
Troutville (Rt 11) to Fullhardt Knob**

7.0 miles, Moderate, \$.00 carpool fee  
0 miles from Roanoke

The hike is located in Botetourt County. This up-and-back Appalachian Trail hike begins at a small parking lot on Route 11 at the Troutville town limits. After crossing railroad tracks, hikers ascend a grassy hill with excellent views. The trail then crosses a road and begins the climb to Fulhardt Knob. We will return the same way.

**Fred Walters.....977-1430**

**Linda King.....342-2411**

**Sunday, June 13, 2010 8:00AM  
North Mountain Trail**

10.4 miles, Strenuous, \$1.00 carpool fee  
9 miles from Roanoke

The hike starts in Botetourt County and follows the border of Botetourt, Craig, and Roanoke counties. It climbs North Mountain on the gently graded Catawba Valley Trail, which begins just opposite the Andy Layne Trail on Route 779. The rest of the hike is an up-and-down ridge walk, with views on both sides visible through the trees.

**Linda King.....342-2411**

**Fred Walters.....977-1430**

**Sunday, June 13, 2010 1:00PM  
Jenny Knob to Licksillet Hollow  
113 Mile Hike #14**

4.3 miles, Moderate, \$6.00 carpool fee  
70 miles from Roanoke

This hike is located in Bland County. It starts on Jenny Knob, the southern terminus of the section of the A.T. maintained by the RATC. It passes Jenny Knob Shelter on Brushy Mountain before reaching Route 608.

**Kenny Garrett .....293-7967**

**Sunday, June 20, 2010 8:00AM  
Wilson Mountain/Sprouts Run Loop**

8.1 miles, Strenuous, \$2.00 carpool fee  
24 miles from Roanoke

The hike is located in Botetourt County, at Solitude near Arcadia. Sprouts Run Trail offers creekside walking with little elevation gain until the last 3/4 mile in its approach to Hoop Pole Gap. This is a beautiful trail that offers several nice cascading waterfalls, pools of water and some cliffs and huge trees of various species. There will be multiple stream crossings on this hike.

**John Merkwan .....904-2299**  
**Kris Peckman .....366-7780**

**Sunday, June 20, 2010 1:30PM  
Harkening Hill – Beginners Hike**

3.3 miles, Easy, \$2.00 carpool fee  
24 miles from Roanoke

Join us for a leisurely hike up Harkening Hill, at the scenic Peaks of Otter on the Blue Ridge Parkway. We will be passing Balance Rock along the way. There are limited views from the summit of Harkening Hill.

**Zetta Campbell .....366-8165**

**Sunday, June 27, 2010 8:00AM  
Fairystone State Park Trails**

7.0 miles, Moderate, \$6.00 carpool fee  
60 miles from Roanoke

This hike will be around 7 miles taking in the Lakeshore, Little Mountain Falls and Mountain View trails with other connecting trails. If time permits, the hike can encompass the other side of the lake's trail system of about 2.5 miles. The Mountain View Trail allows views of the Cahas Mountain range.

**Maurice Turner.....334-2128**

**Saturday & Sunday, July 3 & 4, 2010 8:00AM  
Bluff City Relocation Work Hike**

0.5 miles, Moderate, \$6.00 carpool fee  
60 miles from Roanoke

We will be working with the Konnarock Crew on relocating a section of trail near Pearisburg in Bland County.

**Charles Parry ..... 540-951-1402**  
**Merv and Blanche Brower .....387-9732**

**Roanoke Appalachian  
Trail Club Application  
New & Renewal**

- If accepted for membership, I agree to:
1. Support the objectives of the Roanoke Appalachian Trail Club
  2. Abide by the rules of the National and State Parks and Forests
  3. Respect the interests of the owner when on private property
  4. Keep trails and woodlands free of litter and
  5. Abide by instructions of the leader on group hikes and trips

Name(s) \_\_\_\_\_ New Member Packet fee \$5.00 \_\_\_\_\_

Address \_\_\_\_\_ Indiv. # of years \_\_\_\_\_ x \$10.00 \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ - \_\_\_\_\_ Family # of years \_\_\_\_\_ x \$15.00 \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Individual life membership \$250.00 \_\_\_\_\_

Email \_\_\_\_\_ Family life membership \$300.00 \_\_\_\_\_

Year you joined RATC (make a guess!) \_\_\_\_\_ Donation \$ \_\_\_\_\_

Make checks payable to RATC, PO Box 12282, Roanoke, 24024-2282 Amount Enclosed \$ \_\_\_\_\_

TRAIL BLAZER  
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PO BOX 12282  
ROANOKE VA 24024-2282



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The Roanoke Appalachian Trail Club is an affiliate of  
The Appalachian Trail Conservancy  
and a member of The Nature Conservancy and the Western Virginia Land Trust